Istra Bike

LABIN RABAC
RAŠA KRŠAN
SV. NEDJELJA

www.istria-bike.com

lonely planet
BEST IN TRAVEL 2011
TOP-10-REGIONS

Istra | www.istra.com

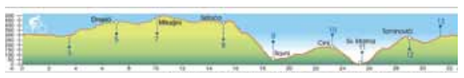
CROATIA

Istra Bike

LABIN RABAC

Bike & Bed • Bukaleta, Kršan
Bike hotels • ALLEGRO, Rabac • ADORAL, Rabac

401 Bella Vista 3/5

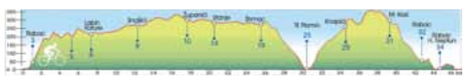


Labin - Skitača - Ravni - Labin (33km)

Asphalt: **23,7 km (71.82%)**
Macadam: **9,5 km (28.79%)**
Altitude: **670 m**
Highest point: **510 m**
Lowest point: **0m**
Riding time:
1:45 - 2:00 h

	Km	↑m	Symbol	
1.	0.2	308		Labin -old town, square
2.	1.3	313		Labin - Presika
3.	3.7	313		Kopač
4.	4.2	355		Kopač
5.	7	443		Dropići
6.	8.5	422		Golač
7.	10.2	491		Mikaljini
8.	15	437		Skitača
9.	18.7	65		Viškovići - Ravni
10.	23.3	192		Crni
11.	25.6	21		Sveta Marina
12.	28.9	291		Tominovići
13.	31.7	301		Presika
14.	32.2	306		Presika

402 Teran 5/5

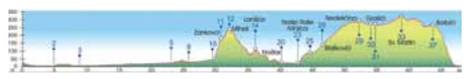


Rabac - Labin - Dubrova - Nedešćina - Rabac (46.6 km)

Asphalt: **35.2 km (75.54%)**
Macadam: **11.4 km (24.46%)**
Altitude: **785 m**
Highest point: **365 m**
Lowest point **0 m**
Riding time:
2:45 - 3:15 h

	Km	↑m	Symbol	
1.	0.7	7		Rabac - coast
2.	0.9	33		Rabac
3.	1.1	44		Rabac
4.	4.5	207		Rabac - Senari
5.	5.3	202		Road Rabac - Labin
6.	7.6	227		Labin - Kature
7.	8.3	220		Starci
8.	12.2	271		Snašići
9.	13.7	300		Marići
10.	17.8	292		Županići
11.	18.5	285		Županići - Škandulj
12.	19.4	303		Maretići
13.	20.2	294		Maretići - Stanje
14.	20.5	286		Stanje
15.	21.5	283		Santalezi
16.	22.2	292		Nedešćina
17.	23	293		Nedešćina
18.	24.7	280		Gorica
19.	25.5	274		Štrmac
20.	26.1	289		Štrmac
21.	26.3	287		Štrmac
22.	27.7	193		
23.	29.6	74		TE Plomin
24.	29.9	34		TE Plomin
25.	30.2	20		TE Plomin
26.	30.7	2		TE Plomin
27.	31	14		TE Plomin
28.	31.2	38		Klavar
29.	34.6	265		Knapići
30.	36	278		Ripenda Kras - Bembići
31.	39.3	300		M. Kosi
32.	42.4	63		Rabac
33.	43.9	21		Rabac
34.	44.9	4		Rabac - hotel Neptun
35.	46	34		Rabac
36.	46.1	23		Rabac
37.	46.4	7		Rabac

403 Liburnia 5/5

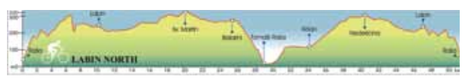


Raša-Čepić-Kršan-Martinski-Raša (68.3 km)

Asphalt: **36 km (52.71%)**
Macadam: **32.3 km (47.29%)**
Altitude: **685 m**
Highest point: **327 m**
Lowest point: **2 m**
Riding time:
4.30 - 5.00 h

	Km	↑m	Symbol	
1.	0	20		Raša - center
2.	0.1	23		Raša
3.	5	6		Raša river valley
4.	8.7	4		
5.	10.2	6		Raša river valley
6.	23.6	28		Raša river valley
7.	24.8	39		Potpićan
8.	25.2	28		Potpićan - Tupljak
9.	25.7	29		Potpićan - Tupljak
10.	27.1	31		Tupljak
11.	29.5	46		Raša river valley
12.	30.6	179		Zankovci
13.	31.7	232		Miheli
14.	32.4	219		Perasi
15.	36.6	82		Lanišće
16.	36.9	67		Lanišće
17.	38	35		Baraki
18.	38.6	43		field Čepić
19.	38.9	43		field Čepić
20.	39.2	31		field Čepić
21.	39.9	26		Kloštar
22.	40.3	22		Kloštar
23.	42	23		Nasip
24.	42.4	20		Križnjica
25.	42.8	38		Križnjica
26.	43.8	84		
27.	44.9	95		Blaškovići
28.	45.6	118		Blaškovići
29.	46.4	151		Kršan
30.	51.9	298		Nedešćina
31.	54	273		Grašići
32.	54.5	268		Grašići
33.	56.3	280		Škandulj - Žnjidari
34.	58.5	328		Sveti Martin
35.	61.1	292		Marići
36.	62	256		Snašići
37.	63.2	273		
38.	64	245		Barbići
39.	64.2	220		Barbići
40.	67.7	2		Raša

404 Istrian demarcation 4/5

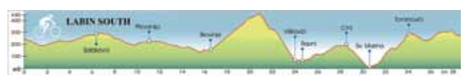


Rabac - Labin (52.8 km)

Asphalt: **48.4 km (91.67%)**
Macadam: **0 km**
Altitude: **835 m**
Highest point: **333 m**
Lowest point: **2 m**
Riding time:
2:00 - 2:30 h

	Km	↑m	Symbol	
1.	0	38		Rabac - road
2.	3.3	195		Senari
3.	4	189		
4.	4.8	242		Labin
5.	6.2	211		Labin
6.	7.1	217		Labin - Starci
7.	10.5	260		Snašići
8.	12.3	292		Marići
9.	17.1	280		Žnjidari
10.	19.1	270		Grašići
11.	24.6	15		Raša
12.	26.1	152		Kršan
13.	38.5	285		Gorica
14.	41.3	217		Labin - Starci
15.	42.2	211		Labin
16.	43.6	242		Labin
17.	44.4	189		
18.	45.1	195		Senari
19.	52.8	38		Rabac - road

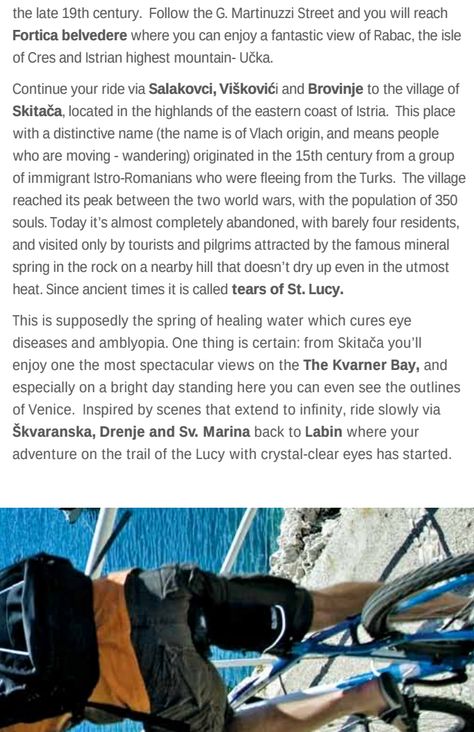
405 Lucy with crystal-clear eyes 4/5



Labin - Skitača - Labin (38.7 km)

Asphalt: **38.7 km 100%**
Macadam: **0 km**
Altitude: **990 m**
Highest point: **451 m**
Lowest point: **2 m**
Riding time:
1:30 - 2:00 h

	Km	↑m	Symbol	
1.	0	275		Labin - old town square
2.	0.3	248		Labin - old town square
3.	0.6	233		Labin - lower town
4.	1.5	199		Labin-Raša
5.	15.9	131		Brovinje
6.	28.9	199		Crni
7.	31.2	22		Sveta Marina
8.	34.6	292		Tominovići
9.	37.3	299		Presika
10.	38.7	275		Labin - old town square



Highlights:

• **Bella vista** (belvedere) - rinse your eyes with the "Tears of St Lucia" - (healing water of St Lucia and belvedere Skitača - the Kvarner bay on the palm of your hand)

• **Ravni** - magnificent beaches, a 'paradise for surfers'

If you'd you like to set off from the town of galleries, charming churches and baroque palaces to the infinity of spectacular views of the The Kvarner Bay and lightly rinse your eyes with the healing tears of Saint Lucy, choose **the Bella Vista trail.** Take the road from **Labin old town** to **Kranjci**. When you come to the white road that will lead you through **Gora Glušići** to **Skitača**, follow this route up to the **highest point of Labin area**, offering a **unique view of the The Kvarner Bay** and on a clear and sunny day you'll even see the outlines of Venice. You can still hear a story how the brave people of Skitača in 1661 won a great victory over the Turks.

Set only 1 km away from a renovated mountaineering house 'Skitača' there is a **healing water spring.** The spring is also known by the name **„Tears of St. Lucy"** and this water allegedly cures amblyopia and sight problems. If you believe in Lucy's tears or not, one thing is certain - standing on this site you will see all the way to Italy! If you are staying here over the weekend, the **house „Skitača"** is open to all guests.

Leave Skitača down the road heading to the tourist resort Ravni where you can swim and relax on its beautiful beaches, or simply enjoy the stunts of surfers who like to gather here. Passing through Drenje via Crni, you'll come to the route that leads back to Labin old town where you have started from.

Highlights:

• Fragrances of the Mediterranean: Rabac on the seaside - "**the pearl of the Kvarner bay"** (gastronomy - delicious seafood close to the sea)
• Traces of the Venetian nobility, reformists and artists - the old city centre of Labin (baroque palaces in the old city, Matthias Flacius Illyricus memorial collection), art galleries and churches, **Labin Art Republic**)
• Dubrova - **"The White road"** (park of sculptures, venue of the Mediterranean Sculptors' Symposium)
• **People's Musem**

When you had enough of the **fashionable resort of Rabac, its beautiful beaches** and fine restaurants, choose the **Teran trail.** Start from the **waterfront in Rabac** and ride on the main road heading to Labin and its old town situated on the top of a 320 m high hill. In its historical center you can admire buildings preserved from the time of Venetian government (**beautiful San Fior gate, town loggia, palaces Franković, Manzini, Scampicchio, Negri and Battiala-Lazzarini (National Museum)**, or the architecture of the late 19th century. Formerly known as the bastion of the Istrian mining, today it is the town of galleries and art studios. During summer Labin turns into a town of art, and on its streets most significant events of the contemporary art scene take place **(Labin Art Republic).**

From the **Fortica belvedere** you can enjoy a fantastic view of Rabac, the isle of Cres and Istrian highest mountain - Učka. If you ride down from the old town and join the **pedestrian and bicycle path** to **Dubrova**, you'll reach a **Sculpture Park** in which for over thirty years during summer **Mediterranean Sculptors Symposium** is organized There are more than 90 sculptures here, made by notable Croatian and international artists. One of the Symposium highlights is the so called **'White Road'**, a work of art par excellence, and each year a new section of this unique road is designed by another artist. The trail from **Nedešćina** continues on the **wine road** to Sveti Martin. Passing through **Snašići, Becići and Vinež** you'll come to **Labin, and then** via **Ripenda** you'll reach **Gornji Rabac** from where you can easily get to Rabac **waterfront** from where you've started!

Highlights:

• **The youngest town in Istria - Raša** 1936 (a mining town projected by Pulitzer, a mining collection in the church of St Barbara
• **"Liburna"**: a nature reserve of autochthon animals
• Magnificent landscape: a drained lake: **The field of Čepić**
• Impressive ruins: **citadels Kožljak and Kršan**

Have you heard of the youngest town in Istria, that is also a mining town? If not, choose the Liburnia trail and don't fail to ride towards the town of **Raša**. Like some kind of unique scenery, Raša will fascinate you with its regular rows of houses, drowned in the landscape of the Raša valley, which seem almost unreal. Built in 1936 according to the plans made by the architect Gustavo Pulitzer Finali, Raša was a modern city designed for the needs of miners and their families with all necessary facilities: school, hospital, cinema and sports hall, and the **church dedicated to the miners' patron- St. Barbara.** Although there' s no mining industry nowadays in the Labin area, the traces of mining history can be found in the church of St. Barbara, where there is a beautiful collection of mining artifacts. Riding down this route, you'll reach **Most Rasa**. There is a **reserve of indigenous local domestic animals called 'Liburna'.** In addition to its **charming animals and sociable donkeys,** this reserve will cheer you up with a specially designed **ethno-collection of old tools.** Proceed along the gravel road along the river Raša enjoying the lowland landscape and you'll come to **Tupljak**, and from it the gravel road leads to **Zankovci**. The road then moves **towards Kostričani, Zatka and Čepić.** Don't forget to visit the entrance to the tunnel through which the former **Čepić lake** was drained and thus converted into fertile farmland. The following points on this route are **Kožljak and Kršan** - typical examples of fortifications (castles) above Čepić field.

Be sure to explore them and walk up and down their romantic ruins. Riding through **Matijašići, Gorenj Kraj and Kraj** Drage via **Zulijani** and **Županići** to **Martinski** you'll end up in Snašići, and then via **Barbići** you'll ride a full circle of this trail and ride back on the fire route to the start- in **Reserve 'Liburna'.**

Highlights:

• Traces of the Venetian nobility, reformists and artists - **the Labin old town** (baroque palaces of the old town, the Memorial collection of Matthias Flacius Illyricus, art galleries and churches, Labin Art Republika)
• **St. Martin** - the Baron's yard
• **Šumber** - the castle over the Raša river valley
• **Potpićan** - the youngest place in Istria
• **Kršan** - the castle where the "Istrian demarcation act" was created
• **People's Musem**

We start from the old town of **Labin**, situated on a 320 m high hill. Continue via **Vinež** to **Golji** and **Sveti Martin.** Sveti Martin developed around the former aristocratic estate, which is best witnessed by the so-called **'Baron's yard.'** Surrounded by cultivated pine forest (pineta) on one side, this yard consists of several buildings built in different periods, which close the inner courtyard with a small alley leading to a beautiful, one-story baroque palace Lazzarini with a square tower at the northern entrance. If you ride through **Martinski** and on, you'll reach **Šumber** whose name derives from a feudal family Schönberg.

Only a few scattered houses and a round tower of the former castle walls, is all that remained from the former 17th century feudal castle which emerged on the foundations of a prehistoric settlement constructed over the canyon of the river Raša. Riding through **Potpićan** - a place built next to the entrance pit of a now closed coal mine, you'll reach **Kršan**- a feudal estate, which was named after the karst origin of the area. Being the most characteristic of all the fortified cities of the Raša valley, Kršan has grown on the old foundations of early medieval burg, and was an independent town in the Pazin County.

Kršan has survived as one of the best preserved castles in Istria. Right here, among the high walls of Kršan castle, dominated by the square tower decorated with human figures and the nearby parish church of St. Anthony, a 17th century abbot, one of the most important medieval documents - the famous **'Istrian Demarcation'** was found in 1850. Written in the Glagolitic script, followed by Latin and German, this text has revealed a special period of the Istrian medieval times, since territorial borders were clearly defined in it! Ride back to Labin via **Nedešćina** and **industrial zone / OMV petrol station.**

Highlights:

• Traces of the Venetian nobility, reformists and artists - the Labin old town (baroque palaces in the old town, the memorial collection of Matthias Flacius Illyricus, art galleries and churches, the Labin Art Republika)
• **Skitača - Bella vista** (view point) washed by the tears of St. Lucia" - the healing water of St. Lucia and the Kvarner on your hand's palm

Welcome to the trail of Lucy with crystal-clear eyes that will carry you through the eastern Istrian shoreline, from the city of galleries, charming churches and baroque palaces to secluded places where miraculous saint's tears spring and from where unique views of Kvarner are revealed. We start from the old town of **Labin**, situated on a 320 m high hill. In its historical center on the top of the hill you can admire buildings preserved from the time of Venetian government or the architecture of the late 19th century. Follow the G. Martinuzzi Street and you will reach **Fortica belvedere** where you can enjoy a fantastic view of Rabac, the isle of Cres and Istrian highest mountain- Učka.

Continue your ride via **Salakovci, Viškovi**ći and **Brovinje** to the village of **Skitača**, located in the highlands of the eastern coast of Istria. This place with a distinctive name (the name is of Vlach origin, and means people who are moving - wandering) originated in the 15th century from a group of immigrant Istro-Romanians who were fleeing from the Turks. The village reached its peak between the two world wars, with the population of 350 souls. Today it's almost completely abandoned, with barely four residents, and visited only by tourists and pilgrims attracted by the famous mineral spring in the rock on a nearby hill that doesn't dry up even in the utmost heat. Since ancient times it is called **tears of St. Lucy.**

This is supposedly the spring of healing water which cures eye diseases and amblyopia. One thing is certain: from Skitača you'll enjoy one the most spectacular views on the **The Kvarner Bay,** and especially on a bright day standing here you can even see the outlines of Venice. Inspired by scenes that extend to infinity, ride slowly via **Škvaranska, Drenje and Sv. Marina** back to **Labin** where your adventure on the trail of the Lucy with crystal-clear eyes has started.

IMPRESUM

Publisher
TZ Grada Labina
T./F. +385 (52) 855 560
tzg.labin@pu.t-com.hr
www.rabac-labin.com

Odjel za turizam Istarske županije
Turistička zajednica Istarske županije
Pionirska 1, HR-52440 Poreč, Croatia
T. +385 (0)52 452 797
F. +385 (0)52 452 796

Project collaborators
Robert Faraguna
MTB klub Istra Bike, Labin
Patricija Zanketić
TZO Kršan

Editor
Radmila Palčiska-Kos

Concept and design
Studio Sonda, Poreč

Cover page
Digitel, Zagreb

Photo credits
Arhiv, TZ Labin,

Print
Kerschoffset, Zagreb, 2011

www.istra.com
www.istria-bike.com

CROATIA

Turistička zajednica Istarske županije
Istria Tourist Board
Tourismusverband Istrien
Ente per il Turismo dell'Istria

info@istra.com | www.istra.com

Istra

Call Center
Information & Booking
+385 52 880088